



OPPORTUNITIES FOR FUNDING SUPPORT

Virtual Dementia

Have you ever wondered what it must be like to suffer from dementia? Or even how difficult it must be to care for someone with dementia? It is difficult to care for someone who you do not know or to whom you cannot relate. Dementia is a disease that progressively worsens, as do the symptoms and effects. The Second Wind Dreams virtual dementia tour puts caregivers in the shoes of the seniors they serve in order to give them a realistic view and understanding of what it is like to live with dementia. With the added resource, PPH staff will be able to experience what our residents encounter on a daily basis. Wearing gloves while trying to button a sweater, looking through vision-obstructing goggles while trying to fold laundry and match clothes, and trying to listen to medication instructions while wearing a bulky pair of headphones are just some of the interesting, simple yet innovative techniques used to train caregivers to support senior residents with dementia disorders. You can learn more about the Second Wind Dreams virtual dementia tour by going on the YouTube link:

<https://www.youtube.com/watch?v=Nsne9-QZQH4>.

PPH will use the The Second Wind Dreams virtual dementia tour for in-service training all staff who care for residents with dementia as well as in orientation and mandatory annual training for our general employee population. In addition, certified PPH staff will gain knowledge and expertise to run the program internally to train other colleagues and to share the reality experience with family members of residents who have dementia.

Total of Cost Program for 1 Year: \$3,625

\$500 Grant Received from The Ron S! Charitable Fund

Music Therapy Program

Currently, PPH serves nearly 200 senior residents in its Personal Care unit, 23 of whom reside in Chapters, a specialty memory care unit for residents managing the effects of Alzheimer's disease, dementia or other forms of age-related memory loss.

For these seniors – the one in nine in the U.S. age 65 and older who manage Alzheimer's disease – the incredible loneliness and confusion that can accompany these diagnoses often trigger anxiety and depression, compounding age-related health issues and exacerbating comorbidities that are commonly treated with psychotropic medications.

Often, these powerful drugs may not be necessary to treat the cognitive and behavioral symptoms of age-related memory challenges. PPH is committed to reducing the use of these psychotropic medications and enabling residents in the community to enjoy the highest possible quality of life while managing their symptoms through the use of effective music therapy.

PPH has partnered with Settlement Music School, a nonprofit arts organization that offers tailored Music Therapy Programs. This program has proven to improve socialization, cognitive skills and motor development, help manage stress, anxiety and pain, build pride and self-confidence, enhance communication and memory, promote physical rehabilitation, release inner creativity and self-expression and utilize music and the arts to influence positive changes and to achieve greatest personal potential.

While medical advancements and specialized drugs have enabled individuals to live longer as they manage memory loss, a holistic approach to a healthy, full life requires so much more than medications. The Music Therapy Program with The Settlement School is an important piece of this treatment puzzle. With your support, PPH has the potential to improve quality of live for so many senior residents at PPH.

Total Cost of Program: \$2,600 for one-year and \$7,800 for three-years



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Live Process Software

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\$11,243 for a one-year subscription



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Chapel Sound System

A new sound system for the Chapel would enhance the quality of the sound and improve the ease of use for those speaking during services held for residents. Services include daily devotions, mass for multiple Christian denominations and funeral services.

A wireless sound system includes wireless speakers and microphones. The ability for speakers to have more mobility while speaking with a wireless microphone improves their comfort and enhances the delivery of their remarks. In addition to transitioning to a wireless system, increasing the number of microphones would project an improved sound when the piano and organist are used or when our choir performs.

The Chapel is large part of the daily and weekly lives of PPH residents. Attending church services allows residents to connect with their faith. It provides a wonderful way for residents to engage with other members of the community and meet new friends, decreasing the risk of loneliness. Attending church encourages strong connection and promotes peace-of-mind amount other benefits.

A new sound system would improve the overall quality of sound both in-person and to our in-house PPH broadcast channel viewed by residents in their rooms and in shared areas on a daily basis.

New Sound System with Microphones Including Installation: \$15,000

Enhanced Personal Care Dining Experience

PPH continues to enhance its services and improve its campus with nearly \$3 million annually in capital investments. Examples of recent enhancements include the Arts, Culture and Education (ACE) Center & Gardens, Pathways Skilled Nursing and Rehabilitation Center lobby and floor renovations, a fully integrated Wellness & Aquatics Center, raised gardens, and the projected PC Dining Room renovations totaling approximately \$10 million over the last three years.

PPH is evolving to meet the increasing need for Personal Care services due to the growing number of aging and frail senior residents, coupled with the rapidly changing regulations and reimbursement models through providing best-in-class high quality care and excellent service with a nearly \$3 million capital renovation to create the PPH Enhanced Personal Care Dining Experience.

The renovations will provide residents, staff and visitors convenience, comfort and access through adding upgrade equipment, implementing improved processes along with additional benefits such as a separate entrance to the PPH Chapel; two additional restrooms near the Chapel; an enhanced ACE Garden and Donor Dedication Pathway; al fresco dining for Personal Care and Independent Living residents and visitors; more robust cooking, baking and cooking classes offered through Life Enrichment; and an environmentally friendly “green roof.”

Nearly \$3 million for the entire project