

PPH Wellness & Aquatics

6401 Martins Mill Rd, Phila PA 19111

Winter 2024 | 215-697-8007

Community Usage

Aquatics Hours:

Monday • Wednesday

2 – 4pm

Tuesday • Thursday

8:15am – 12pm

Friday

2pm – 3:15pm / 3:15 – 4:15pm Lap Swim

Saturday

10am – 2pm

Wellness Center Hours

Monday - Friday

8am – 5pm

Land Class Schedule:

Tuesday • Thursday

Total Body Circuit

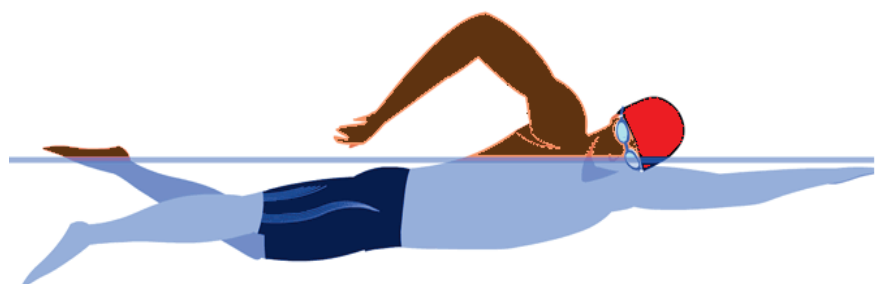
11am – 11:15am

Wednesday

Chair Yoga OR Tai Chi

1pm – 2pm

Yoga – 1st / 3rd / 5th Wed | Tai Chi – 2nd / 4th Wed



COMMUNITY MEMBERSHIPS

SILVER SNEAKERS / SILVER&FIT / RENEW ACTIVE / ONE PASS

*Must Qualify Through Insurance Provider

- Use of Wellness Center
- Use of Pool
 - **ONLY:** Open Swims Times
- Includes All LAND Classes
 - May take AQUA Classes with Class Card

PRIME

- Use of Wellness Center
- Use of Pool
 - At All Available Times
- All Classes

AQUATICS/CLASS PASS

- 1 Day Pass Aquatics or Single Class Purchase: \$10
- Day Pass Access Card for Aquatics or Classes of 25 Visits - \$160
- Can ONLY be utilized when Membership is Active & in Good Standing.
- Wellness Center Usage not Included

Cards MUST be presented to staff at check-in prior to use of facility.

MONTHLY MEMBERSHIP

BASIC

- Use of Wellness Center
- Use of Pool
 - **ONLY:** Open Swims Times

\$ Flex Term - \$25 Per/Mo. (EFT)

FULL SERVICE

- Use of Wellness Center
- Use of Pool
 - At All Times
- All Classes

\$ Flex Term - \$30 Per/Mo. (EFT)

