












# PPH's Scheduled Programs on In-House TV Stations Wed Feb 1<sup>st</sup> – Tues Feb 28<sup>th</sup>

<b>MON</b>	<b>CH</b>	<b>TUES</b>	<b>CH</b>	<b>WED</b>	<b>CH</b>
† 9:00 – Daily Devotions	5	† 9:00 – Daily Devotions	5	† 9:00 – Daily Devotions	5
 10:00 –Silver Sneakers Sit PPHit	8	 10:00 - Silver Sneakers Chair Yoga	8	 10:00 – Silver Sneakers Sit PPHit	8
 1:30 – SilverSneakers/Silver&Fit	8	† 10:00 – Women in History	5	 1:30 – SilverSneakers/Silver&Fit	8
		<b>**2/7 and 2/21</b>			
		 1:30 – SilverSneakers/Silver&Fit	8		
		 2:00 – Trivia with Kathy Nucero	5		
<b>THURS</b>	<b>CH</b>	<b>FRI</b>	<b>CH</b>	<b>SAT</b>	<b>CH</b>
† 9:00 – Daily Devotions	5	† 9:00 – Daily Devotions	5	† 9:00 – Daily Devotions	5
† 9:45 – Catholic Mass	5	† 10:30 – Eucharistic Service	5	 10:00 – SilverSneakers/Sit&Fit	8
 10:00 – Silver Sneakers Chair Yoga	8	 1:30 – SilverSneakers/Silver&Fit	8		
 1:30 – SilverSneakers/Silver&Fit	8	Join the Wellness Team for a fun, energetic, all levels program. Weights, Bands and Ball available for loan from Wellness. Call x8007		<b>SUN</b>	<b>CH</b>
† 3:00 – Rosary Group	5			† 9:00 - Ecumenical Service	5
				† 11:00 – Sunday Mass	8

\*All efforts are made to adhere to the above schedule. PPH strives to provide meaningful, spiritual, physical, and cognitive programming for all our PPH family members in IL, PC, and Pathways. For questions or concerns, please contact Kathy Nucero x8505. Thank you.

Channel 5 – Chapel  
 Channel 7 - Social Hall  
 Channel 8 – In-House Channel Activities

**Flip Over for Special Events**

## PPH Scheduled Programs – Feb Trips and Special Events

### Trips:

		<u>Price</u>	<u>Sign Up</u>
• Saturday Feb 4 <sup>th</sup>	9am Perkins / Dollar Tree / Steve's Famous Deli	\$2.00	Now
• Tuesday Feb 7 <sup>th</sup>	9:30am Neshaminy Mall	\$4.00	1/31/23
• Saturday Feb 11 <sup>th</sup>	10am Walmart	\$2.00	2/2/23
• Tuesday Feb 14 <sup>th</sup>	11:30am Gallo's	\$2.00	2/7/23
• Saturday Feb 18 <sup>th</sup>	10am Target	\$2.00	2/10/23
• Tuesday Feb 21 <sup>st</sup>	12pm Buck Hotel	\$4.00	2/10/23

### Events in Social Hall:

- Wednesday Feb 1<sup>st</sup> 2pm – Courtney Colletti – Singer
- Thursday Feb 2<sup>nd</sup> 2pm – Artist James Dupree
- Thursday Feb 2<sup>nd</sup> 7pm – Philly Pups
- Fridays Feb 3<sup>rd</sup> 9am - Legislative Update from Congressman Boyle & State Rep. Bellmon
- Tuesday Feb 7<sup>th</sup> 2pm – TEDTalk Tuesday
- Thursday Feb 9<sup>th</sup> 2pm – Joe Ferrara - Singer
- Saturday Feb 11<sup>th</sup> 2pm – The Newlywed Game – **Participants Sign Up in Business Office**
- Tuesday Feb 21<sup>st</sup> 2pm – Nevilaries
- Thursday Feb 23<sup>rd</sup> 2pm – IL Bingo – 50/50 Sold
- Friday Feb 24<sup>th</sup> 2pm – Accent Care Speaker – How to Stay Independent Longer – Refreshments & Raffles
- Monday Feb 27<sup>th</sup> 2pm – Dr. Century Performing Harriet Tubman

### Events in Fountain Room:

- Friday Feb 10<sup>th</sup> 11:45am 12:45pm - Smoothie Friday  
**\*CASH ONLY\***

### Events in Fellowship Room

- Friday Feb 10<sup>th</sup> 2-4pm – Shabbat Service
- Friday Feb 24<sup>th</sup> 2-4pm – Shabbat Service

### Events in Learning Center:

- Tuesday Feb 7<sup>th</sup> 10am – Veterans Meeting
- Thursday Feb 9<sup>th</sup> 7pm – Quizzo
- Friday Feb 10<sup>th</sup> 2pm – Speakers Bet & Michelle  
A Love Story
- 3<sup>rd</sup> Friday of the Month 2pm – PPH Men's Group

### Events in Chapel:

- Wed Feb 22<sup>nd</sup> 9:45am— Catholic Services  
Ash Wednesday Mass &  
Imposition of Ashes
- Wed Feb 22<sup>nd</sup> 2:00pm— Ecumenical Services  
Ash Wednesday Service

## Additional Scheduled Programs on In-House TV Stations Wed Feb 1<sup>st</sup> – Tues Feb 28<sup>th</sup>

### Events on In-House Channel:

		<u>CH</u>
• Friday Feb 3 <sup>rd</sup>	2pm – Slavery and The Making of America – Episode 1	8
• Saturday Feb 4 <sup>th</sup>	2pm – Slavery and The Making of America – Episode 2	8
• Sunday Feb 5 <sup>th</sup>	2pm – Slavery and The Making of America – Episode 3	8
• Monday Feb 6 <sup>th</sup>	2pm – Slavery and The Making of America – Episode 4	8
• Wednesday Feb 8 <sup>th</sup>	2pm – Toni Morrison The Pieces I Am	8
• Monday Feb 13 <sup>th</sup>	2pm – Sisters on Track	8
• Wednesday Feb 15 <sup>th</sup>	2pm – Undefeated	8
• Thursday Feb 16 <sup>th</sup>	2pm – Coach Carter	8
• Friday Feb 17 <sup>th</sup>	2pm – Concrete Cowboy	8
• Monday Feb 20 <sup>th</sup>	2pm – Colin in Black and White – Episode 1	8
• Wednesday Feb 22 <sup>nd</sup>	2pm – Colin in Black and White – Episode 2	8
• Saturday Feb 25 <sup>th</sup>	2pm – Colin in Black and White – Episode 3	8
• Tuesday Feb 28 <sup>th</sup>	2pm – Dance Dreams Hot Chocolate Nutcracker	8