

















PPH's Scheduled Programs on In-House TV Stations Sat Oct 1st – Mon Oct 31st

MON	CH	TUES	CH	WED	CH
† 9:00 – Daily Devotions	5	† 9:00 – Daily Devotions	5	† 9:00 – Daily Devotions	5
 10:00 –Silver Sneakers Sit PPHit	8	 10:00 - Silver Sneakers Chair Yoga	8	 10:00 – Silver Sneakers Sit PPHit	8
 1:30 – SilverSneakers/Silver&Fit	8	 1:30 – SilverSneakers/Silver&Fit	8	 1:30 – SilverSneakers/Silver&Fit	8
 2:00 – Movie Matinee	8	 2:00 – Trivia with Kathy Nucero	5	 2:00 – Movie Matinee	8
		 2:00 – Movie Matinee	8		
THURS	CH	FRI	CH	SAT	CH
† 9:00 – Daily Devotions	5	† 9:00 – Daily Devotions	5	† 9:00 – Daily Devotions	5
† 9:45 – Catholic Mass	5	† 10:30 – Eucharistic Service	5	 10:00 – SilverSneakers/Sit&Fit	8
 10:00 – Silver Sneakers Chair Yoga	8	 1:30 – SilverSneakers/Silver&Fit	8		
 1:30 – SilverSneakers/Silver&Fit	8	Join the Wellness Team for a fun, energetic, all levels program. Weights, Bands and Ball available for loan from Wellness. Call x8007		SUN	CH
 2:00 – Movie Matinee	8	 2:00 – Movie Matinee	8	† 9:00 - Ecumenical Service	5
† 3:00 – Rosary Group	5	Tune in to enjoy a variety of films		† 11:00 – Sunday Mass	8

*All efforts are made to adhere to the above schedule. PPH strives to provide meaningful, spiritual, physical, and cognitive programming for all our PPH family members in IL, PC, and Pathways. For questions or concerns, please contact Kathy Nucero x8505. Thank you.

Channel 5 – Chapel
 Channel 7 - Social Hall
 Channel 8 – In-House Channel Activities

Flip Over for Special Events

PPH Scheduled Programs – Oct Trips and Special Events

Trips:

		<u>Price</u>	<u>Sign Up</u>
• Saturday Oct 1 st	9:30am Perkins / Dollar Tree	\$2.00	9/23/22
• Tuesday Oct 4 th	11am Ben and Irv's	\$4.00	9/23/22
• Tuesday Oct 11 th	9am Shady Maple	\$4.00	10/3/22
• Saturday Oct 15 th	10am Bristol Amish Market	\$4.00	10/3/22
• Tuesday Oct 18 th	9:30am Neshaminy Mall	\$4.00	10/10/22
• Tuesday Oct 25 th	10am Kitchen Kettle Village	\$4.00	10/14/22
• Saturday Oct 29 th	10am Walmart at Neshaminy	\$4.00	10/17/22

Events in Social Hall:

- Monday Oct 3rd 11am – Civics Lesson – General Election
- Tuesday Oct 4th 10am – Veterans Meeting
- Tuesday Oct 4th 2pm – TEDTalk Tuesday
- Wednesday Oct 5th 2pm – Elyse Langley - Singer
- Sunday Oct 9th 2pm – Children's Piano Recital
- Monday Oct 10th 2pm – Indigenous People Day/Speaker Mardella Lowery
- Wednesday Oct 12th 2pm – Jill Salkin - Singer
- Tuesday Oct 18th 2pm – Our Time Cabaret
- Saturday Oct 22nd 2pm – Octoberfest
- Thursday Oct 27th 2pm – Halloween Bingo
- Saturday Oct 29th 9am -12pm –State Representative Jared Solomon's Community meeting- Roosevelt Boulevard Subway Workshop/Townhall
- Sunday Oct 30th 2pm – Halloween Movie – H.G. Wells – The Invisible Man

Events in Learning Center:

- 3rd Friday of the Month 2pm – PPH Men's Group
- Saturday Oct 29th 2pm – Halloween Craft

Active Aging Week: Oct 3rd – Oct 7th

- Check your floor bulletin boards for a list of events and activities