

















PPH's Scheduled Programs on In-House TV Stations Mon Aug 1st – Wed Aug 31st

MON	CH	TUES	CH	WED	CH
† 9:00 – Daily Devotions	5	† 9:00 – Daily Devotions	5	† 9:00 – Daily Devotions	5
 10:00 –Silver Sneakers Sit PPHit	8	 10:00 - Silver Sneakers Chair Yoga	8	 10:00 – Silver Sneakers Sit PPHit	8
 1:30 – SilverSneakers/Silver&Fit	8	† 10:00 – Women in History	5	 1:30 – SilverSneakers/Silver&Fit	8
 2:00 – Movie Matinee	8	 1:30 – SilverSneakers/Silver&Fit	8	 2:00 – Movie Matinee	8
		 2:00 – Trivia with Kathy Nucero	5		
		 2:00 – Movie Matinee	8		
THURS	CH	FRI	CH	SAT	CH
† 9:00 – Daily Devotions	5	† 9:00 – Daily Devotions	5	† 9:00 – Daily Devotions	5
† 9:45 – Catholic Mass	5	† 10:30 – Eucharistic Service	5	 10:00 – SilverSneakers/Sit&Fit	8
 10:00 – Silver Sneakers Chair Yoga	8	 1:30 – SilverSneakers/Silver&Fit	8		
 1:30 – SilverSneakers/Silver&Fit	8	Join the Wellness Team for a fun, energetic, all levels program. Weights, Bands and Ball available for loan from Wellness. Call x8007			
 2:00 – Movie Matinee	8	 2:00 – Movie Matinee	8	SUN	CH
† 3:00 – Rosary Group	5	Tune in to enjoy a variety of films		† 9:00 - Ecumenical Service	5
				† 11:00 – Sunday Mass	8

*All efforts are made to adhere to the above schedule. PPH strives to provide meaningful, spiritual, physical, and cognitive programming for all our PPH family members in IL, PC, and Pathways. For questions or concerns, please contact Kathy Nucero x8505. Thank you.

Channel 5 – Chapel
 Channel 7 - Social Hall
 Channel 8 – In-House Channel Activities

Flip Over for Special Events

PPH Scheduled Programs – Aug Trips and Special Events

Trips:

		<u>Price</u>	<u>Sign Up</u>
• Monday Aug 1 st	9:30am Neshaminy Mall	\$4.00	7/25/22
• Saturday Aug 6 th	9:30am Perkins Breakfast / Dollar Tree	\$2.00	8/1/22
• Monday Aug 8 th	11:30am Tiffany's Lunch	\$2.00	8/1/22
• Monday Aug 15 th	10am Parks Casino	\$4.00	8/8/22
• Saturday Aug 20 th	11am Shofuso Japanese House & Garden *\$9.00 @ Door*	\$4.00	8/5/22
• Monday Aug 22 nd	11am Olive Garden	\$2.00	8/15/22
• Saturday Aug 27 th	11am Buck Hotel	\$4.00	8/15/22
• Monday Aug 29 th	9am Reading Terminal	\$4.00	8/19/22

Events in Social Hall:

- Tuesday Aug 2nd 10am – Veterans Meeting
- Tuesday Aug 2nd 2pm – Claudia - Violinist
- Thursday Aug 4th 7pm – Philly Pups
- Tuesday Aug 9th 2pm – TEDTalk Tuesdays
- Thursday Aug 11th 2pm – Guitar Player / Singer
- Saturday Aug 13th 2pm – 15 Piece Band – Society Music Makers
- Thursday Aug 18th 2pm – Speaker Dolores Albarracin from University of Pennsylvania (info on flyers)
- Thursday Aug 25th 2pm – Bingo ****50/50 sold****
- Tuesday Aug 30th TBD – Pro Football Report Show with Merrill Reese
- Wednesday Aug 31st 2pm – Jenny Lee – Singer

Events in Learning Center:

- 3rd Friday of the Month 2pm – PPH Men's Group