




















PPH's Scheduled Programs on In-House TV Stations Sat Jan 1st – Mon Jan 31st

MON	CH	TUES	CH	WED	CH
† 9:00 – Daily Devotions	7	† 9:00 – Daily Devotions	7	† 9:00 – Daily Devotions	7
 10:00 – Silver Sneakers Sit PPHit	4	 10:00 - Silver Sneakers Chair Yoga	4	 10:00 – Silver Sneakers Sit PPHit	4
 1:30 – SilverSneakers/Silver&Fit	4	† 10:00 – Women in History	7	 10:00 – Journey Thru Music History	7
 2:00 – Movie Matinee	4	 1:30 – SilverSneakers/Silver&Fit	4	† 1:00 – Journey Thru the Bible	7
 2:00 – Singalong with Pastor Jack	7	 2:00 – Trivia with Kathy Nucero	7	 1:30 – SilverSneakers/Silver&Fit	4
		 2:00 – Movie Matinee	4	 2:00 – Movie Matinee	4
				† 3:00 – Rosary Group	7
				† 7:00 – Vesper Service	7
THURS	CH	FRI	CH	SAT	CH
† 9:00 – Daily Devotions	7	† 9:00 – Daily Devotions	7	† 9:00 – Daily Devotions	7
† 9:45 – Catholic Mass	7	 1:30 – SilverSneakers/Silver&Fit	4	 10:00 – SilverSneakers/Sit&Fit	4
 10:00 – Silver Sneakers Chair Yoga	4	Join the Wellness Team for a fun, energetic, all levels program. Weights, Bands and Ball available for loan from Wellness. Call x8007			
 11:00 – Chatty Patty	7				
**except the 2 nd Thursday of each month		 2:00 – Movie Matinee	4	SUN	CH
 1:30 – SilverSneakers/Silver&Fit	4	Tune in to enjoy a variety of films		† 9:15 - Ecumenical Service	7
 2:00 – Movie Matinee	4			† 11:00 – Sunday Mass	4
† 2:00 – Devotions with Pastor Jack	7				
† 3:00 – Rosary Group	7				

*All efforts are made to adhere to the above schedule. PPH strives to provide meaningful, spiritual, physical, and cognitive programming for all our PPH family members in IL, PC, and Pathways. For questions or concerns, please contact Kathy Nucero x8505. Thank you.

Flip Over for Special Events

PPH's Scheduled Programs on In-House TV Stations/JAN *Special Events*

Events in Social Hall:

- | | | |
|-------------------------------------|--------------------------------------|------------|
| • Thursday January 6 th | 7pm – Philly Pups | |
| • Tuesday January 11 th | 2pm – TEDTalk Tuesday* | |
| • Thursday January 13 th | 2pm – Jim Correnti - Piano * | |
| • Monday January 17 th | 11am – Resident Association Meeting* | |
| • Monday January 17 th | IL 2pm – MLK Program* | |
| • Tuesday January 18 th | 2pm – Singer Lenny King * | * Also on |
| • Tuesday January 25 th | 2pm – TEDTalk Tuesday* | channel 57 |
| • Thursday January 27 th | 2pm- Movie Matinee - <i>Hamilton</i> | |

Events in Chapel

- | | |
|------------------------------------|---|
| • Monday January 17 th | 10am – IL / Sr. Mary Tate Communion Service |
| • Tuesday January 25 th | 3:30pm – Quarterly Memorial Service |
| • Monday January 31 st | 10am – IL / Sr. Mary Tate Communion Service |

Events on In-House TV:

- | | | |
|-------------------------------------|--------------------------------------|------|
| • Saturday January 1 st | 10am – Arlyn Wolters Musical Program | CH 7 |
| • Saturday January 22 nd | 2pm – MLK Video (Rebroadcast) | CH 4 |
| • Saturday January 29 th | 2pm – MLK Video (Rebroadcast) | CH 4 |

Events are subject to change due to COVID-19 protocols