

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



March 2019

CHAPTERS LIFE ENRICHMENT ACTIVITIES



9:45 MORNING WORKOUT 3 10:45 CATHOLIC SERVICE-CHAPEL 11:15 TRIVIA TIME 2:00 WORD SEARCH 6:30 MUSIC OR TV TIME	10:00 STRETCH & FLEX 4 10:30 ALPHABETICS 11:00 SING ALONG SONGS 2:00 POT OF GOLD CRAFT 3:00 AFTERNOON SNACK 6:30 MUSIC OR TV TIME	10:00 STRETCH & FLEX 5 10:30 LET THE GOOD TIMES ROLL 11:00 SONGS OF YESTERDAY 2:00 BINGO 3:00 KING CAKE TREAT 6:30 MUSIC OR TV TIME <small>Mardi Gras</small>	ASH WEDNESDAY 6 9:45 CATHOLIC MASS-CHAPEL 10:30 EASY DOES IT TRIVIA 11:00 PHYSICALLY PHIT WELLNESS PROGRAM 1:30 MUSIC THERAPY GROUP 2:30 FUN ON THE FARM WORD PUZZLES <small>Ash Wednesday</small>	10:00 MORNING ACTIVITY 7 11:00 FAMILIAR TUNES 2:00 BINGO 6:15 TRIVIA TIME 7:00 MUSIC APPRECIATION-CHAPEL	10:00 STRETCH & FLEX 8 10:30 EZ DOES IT TRIVIA 11:00 EASY LISTENING 2:00 SUNSHINE CLUB ST. PATTY'S SOCIAL-CHAPTERS 6:30 MUSIC OR TV TIME	10:00 MORNING ACTIVITY 9 10:30 THIS & THAT TRIVIA 11:00 SENTIMENTAL SING ALONG 2:00 CRAFT-SHAMROCK SUNCATHERS 3:00 COOKIE SNACK 6:30 MUSIC OR TV TIME
9:45 MORNING WORKOUT 10 10:45 CATHOLIC SERVICE-CHAPEL 11:15 FINISH THE PHRASE 2:00 CRAFT-CRAYON RESIST CLOVER 3:00 SNACK & MUSIC <small>Daylight Saving Time Begins</small>	10:00 STRETCH & FLEX 11 10:30 WHAT COMES NEXT? 2:00 CRAFT-LUCKY NECKLACE 6:30 MUSIC OR TV TIME	10:00 STRETCH & FLEX 12 10:30 WEB CONNECTION 11:00 SONGS OF YESTERDAY 2:00 MUSIC WITH DANN 3:00 BILBLE STORIES 6:30 MUSIC OR TV TIME	10:00 STRETCH & FLEX 13 10:30 RECALL & REMINISCENCE 11:00 MUSICAL FAVORITES 1:30 MUSIC THERAPY GROUP 2:30 GREEN THINGS CROSSWORD 6:30 MUSIC OR TV TIME	9:45 CATHOLIC MASS-CHAPEL 14 11:00 FAMILIAR TUNES 2:00 BINGO 3:00 CRAFT-SHAMROCK HATS 6:15 TRIVIA TIME 7:00 MUSIC APPRECIATION-CHAPEL	10:00 SHABBAT SERVICE-FELLOWSHIP ROOM 15 10:00 STRETCH & FLEX 10:30 FILL IN THE BLANK 11:00 EASY LISTENING 2:00 ST. PATRICK'S DAY PARTY-SOCIAL HALL 6:30 MUSIC OR TV TIME	10:00 MORNING ACTIVITY 16 11:00 SENTIMENTAL SING ALONG 2:00 IRISH DANCERS-SOCIAL HALL 6:30 MUSIC OR TV TIME
HAPPY ST. PATRICK'S DAY 17 10:00 CATHOLIC COMMUNION SERVICE-CHAPTERS 2:00 CHILDREN'S DANCE RECITAL-CHANNEL 57 3:00 SNACK & MOVIE <small>St. Patrick's Day</small>	10:00 STRETCH & FLEX 18 10:30 FINISHING LINES 11:00 SING ALONG SONGS 2:00 ART APPRECIATION-FLYING BIRDS 6:30 MUSIC OR TV TIME	10:00 STRETCH & FLEX 19 10:30 CLUE TRIVIA 11:00 SONGS OF YESTERDAY 2:00 THE MUSIC OF ELVIS-SOCIAL HALL 6:30 MUSIC OR TV TIME	10:00 STRETCH & FLEX 20 10:30 MEMORY EXERCISES 1:30 MUSIC THERAPY GROUP 2:30 SLIDE INTO SPRING WORD SEARCH 6:30 MUSIC OR TV TIME <small>Spring Begins</small>	9:45 CATHOLIC MASS-CHAPEL 21 10:30 STRETCH & FLEX 11:00 FAMILIAR TUNES 2:00 BINGO 6:30 MUSIC OR TV TIME <small>Purim</small>	10:00 STRETCH & FLEX 22 10:30 BRAIN GAMES 11:00 EASY LISTENING 2:00 MUSICAL ENTERTAINMENT-CHAPTERS 6:30 MUSIC OR TV TIME	7:00 BARBER IS IN 23 10:00 MORNING WORKOUT 10:30 FINISHING LINES 11:00 SENTIMENTAL SING ALONG 2:00 MARDI GRAS CHEX MIX 6:30 MUSIC OR TV TIME
9:45 MORNING WORKOUT 24 10:45 CATHOLIC SERVICE-CHAPEL 11:15 EASY DOES IT TRIVIA 2:00 Q-TIP EGG DECORATING 3:00 SNACK & MOVIE MATINEE	10:00 STRETCH & FLEX 25 10:30 CALL OUT THE ANSWER 11:00 SING ALONG SONGS 2:00 BAKING-CINNAMON CRINKLES 2:30 PAIRED UP CARD GAME 6:30 MUSIC OR TV TIME	10:00 STRETCH & FLEX 26 10:30 ALPHABETICS 11:00 SONGS OF YESTERDAY 2:00 BINGO 6:30 MUSIC OR TV TIME	10:00 STRETCH & FLEX 27 10:30 WEB CONNECTION 11:00 MUSICAL FAVORITES 1:30 MUSIC THERAPY GROUP 2:30 BIBLE STORIES 3:00 MUSICAL TRIVIA 6:30 MUSIC OR TV TIME	9:45 CATHOLIC MASS-CHAPEL 28 10:30 STRETCH & FLEX 11:00 FAMILIAR TUNES 2:00 BINGO 6:15 TRIVIA TIME 7:00 MUSIC APPRECIATION-CHANNEL 7	10:00 STRETCH & FLEX 29 10:30 EVERYDAY TRIVIA 11:00 EASY LISTENING 2:00 SUNSHINE COLORING CLUB 2:30 AFTERNOON TEA 6:30 MUSIC OR TV TIME	10:30 MORNING WORKOU 30 11:00 MUSICAL TRIVIA 11:30 SENTIMENTAL SING ALONG 2:00 WORD SEARCH 3:00 SNACK TIME 6:30 MUSIC OR TV TIME

10:45 CATHOLIC SERVICE-CHANNEL 7
2:00 PUZZLES & PONDERING
3:00 SNACK & SENTIMENTAL SING ALONG



**CALENDARS ARE SUBJECT TO CHANGE.
PLEASE CONTACT DEBBIE ANDREWS WITH ANY QUESTIONS
dandrews@pphfamily.org or 215-697-8564**

