

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# February 2019

## CHAPTERS LIFE ENRICHMENT ACTIVITIES

							10:00 STRETCH & FLEX 10:30 CURRENT EVENTS 11:00 MUSICAL MEMORIES 2:00 MIXED UP BEVERAGES 2:30 AFTERNOON CAFE' 6:30 MUSIC OR TV TIME	1 10:30 MORNING WORKOUT 11:00 WELL GROUNDED FACTS 11:30 SENTIMENTAL SING ALONG 2:00 GROUNDHOG SECRET QUOTE 2:30 MAKING GROUNDHOG TREAT 3:00 THIS & THAT TRIVIA <small>Groundhog Day</small>	2				
9:45 MORNING WORKOUT 10:45 CATHOLIC SERVICE-CHAPEL 11:15 EASY DOES IT TRIVIA 2:00 DECORATING VALENTINES 3:00 SNACK & MUSIC MATINEE 6:30 MUSIC OR TV TIME	3	10:00 STRETCH & FLEX 10:30 RECALL & REMINISCENCE 11:00 SONGS OF YESTERDAY 2:00 ART CLASS-COLLAGES A QUILIT 6:30 VALENTINE CRAFT	4	10:00 STRETCH & FLEX 10:30 CHINESE TABOOS 12:00 CHINESE NEW YEAR LUNCHEON-SOCIAL HALL 1:00 CHINESE AUCTION & BINGO-SOCIAL HALL 6:30 CRAFT-MAKING VALENTINE CARDS <small>Chinese New Year</small>	5	10:00 PET THERAPY-CHAPTERS 1:30 MUSIC THERAPY GROUP 2:30 CHINESE NEW YEAR CROSSWORD 6:30 VALENTINE DRAWER DETECTIVE 7:00 PICTURE THIS	6	9:45 CATHOLIC MASS-CHAPEL 10:30 STRETCH & FLEX 11:00 SING ALONG SONGS 2:00 BINGO 6:15 TRIVIA TIME 7:00 MUSIC APPRECIATION-CHAPEL	7	10:00 STRETCH & FLEX 10:30 EVERYDAY ITEMS TRIVIA 11:00 MUSICAL MEMORIES 2:00 SUNSHINE CLUB SOCIAL-CHAPTERS 6:30 MUSIC OR TV TIME	8	10:00 MORNING ACTIVITY 11:00 SENTIMENTAL SING ALONG 2:00 WORD SEARCH 6:30 MUSIC OR TV TIME	9
9:45 MORNING WORKOUT 10:45 CATHOLIC SERVICE-CHAPEL 11:15 MIND JOGGERS 2:00 CRAFT-VALENTINE TREE HEART 3:00 SNACK & WHO OR WHAT? 6:30 MUSIC OR TV TIME	10	10:00 STRETCH & FLEX 10:30 THIS & THAT TRIVIA 11:00 OLD TIME TUNES 2:00 LITTLE PIGGY BANK-CRAFT 6:30 NAME THAT TUNE 7:00 EASY DOES IT TRIVIA	11	10:00 STRETCH & FLEX 10:30 FINISHING LINES 11:00 SONGS OF YESTERDAY 2:00 MUSIC WITH DANN-CHAPTERS 6:30 BINGO NIGHT	12	10:00 STRETCH & FLEX 10:30 WHAT'S NEXT? 11:00 FAMILIAR TUNES 1:30 MUSIC THERAPY GROUP 2:30 MINI SUDOKO 3:00 BIRTHDAY TREAT 6:30 BE MY VALENTINE WORD SEARCH 7:00 MUSIC TRIVIA	13	HAPPY VALENTINE'S DAY 9:45 CATHOLIC MASS-CHAPEL 10:30 BAKING RUBY RED HEART COOKIES 2:00 BINGO 6:15 TRIVIA TIME 7:00 MUSIC APPRECIATION-CHAPEL <small>Valentine's Day</small>	14	10:00 SHABBAT SERVICE-FELLOWSHIP ROOM 10:00 STRETCH & FLEX 10:30 FIRST LADIES-WHO AM I? 11:00 MUSICAL MEMORIES 2:00 RHYMES WITH CHEER 2:30 TEA TIME SOCIAL 6:30 MUSIC OR TV TIME	15	10:30 MORNING WORKOUT 11:00 EZ TRIVIA 11:30 SENTIMENTAL SING ALONG 2:00 FAMILY PAINTING & COFFEE SOCIAL-SOCIAL HALL 6:30 MUSIC OR TV TIME	16
10:00 CATHOLIC COMMUNION SERVICE-CHAPTERS 10:30 MORNING WORKOUT 11:00 FINISHING LINES 2:00 LOVE BUG CRAFT 3:00 SNACK & MOVIE MATINEE 6:30 MUSIC OR TV TIME	17	10:00 MORNING ACTIVITY 11:00 SENTIMENTAL SING ALONG 2:00 SEARCHING FOR PRESIDENTS 6:30 SNOWED IN DETECTIVE 7:00 PRESIDENTIAL CODE NAMES <small>Presidents' Day (US)</small>	18	10:00 STRETCH & FLEX 10:30 ALPHABETICS 11:00 SING ALONG SONGS 2:00 BINGO 6:30 WINTER JINGO	19	10:00 STRETCH & FLEX 10:30 TRIVIA 11:30 LUNCH BUNCH-MAIN DINING ROOM 1:30 MUSIC THERAPY GROUP 2:30 GEORGE WASHINGTON MESSAGE 6:30 PENNY ANTE' 7:00 EASY DOES IT TRIVIA	20	9:45 CATHOLIC MASS-CHAPEL 10:30 STRETCH & FLEX 11:00 SING ALONG SONGS 2:00 BINGO 6:15 TRIVIA TIME 7:00 MUSIC APPRECIATION-CHAPEL	21	10:00 MORNING ACTIVITY 11:00 MUSICAL MEMORIES 2:00 BRUSH TO CANVAS 6:30 MUSIC OR TV TIME	22	10:00 MORNING ACTIVITY 11:00 SENTIMENTAL SING ALONG 2:00 PUZZLES & PONDERING 6:30 MUSIC OR TV TIME	23
9:45 MORNING WORKOUT 10:45 CATHOLIC SERVICE-CHAPEL 11:15 TRIVIA TIME 2:00 MAKING RED VELVET COOKIE CAKE 3:00 SNACK & SENTIMENTAL SING ALONG 6:30 MUSIC OR TV TIME	24	10:00 MORNING ACTIVITY 11:00 FAMILIAR TUNES 2:00 IT'S A SNAP FILL IN 3:00 AFTERNOON SNACK 6:30 TRIVIA 7:00 LISTENING LOTTO	25	10:00 STRETCH & FLEX 10:30 EZ TRIVIA 11:00 MUSICAL MEMORIES 2:00 BINGO 6:30 MEMORY MAGIC 7:00 CELEBRITY TRIVIA	26	10:00 STRETCH & FLEX 10:30 RECALL & REMINISCENCE 1:30 MUSIC THERAPY GROUP 2:30 SPELLING STORY TELLING 6:30 MUSIC TRIVIA 7:00 NAME THAT TUNE	27	9:45 CATHOLIC MASS-CHAPEL 10:30 STRETCH & FLEX 11:00 SING ALONG SONGS 2:00 BINGO 6:15 TRIVIA TIME 7:00 MUSIC APPRECIATION-CHAPEL	28	<b>CALENDARS ARE SUBJECT TO CHANGE PLEASE CONTACT DEBBIE ANDREWS WITH ANY QUESTIONS <a href="mailto:dandrews@pphfamily.org">dandrews@pphfamily.org</a> or 215-697-8564</b>			